The Daily Short Pump

Food allergen guide

Solid chips identify listed allergens. Outlined chips identify shared-fryer or may-contain notices.
Please tell your server about any food allergies before ordering.
No chip does not confirm an allergen is absent. Crustacean shellfish excludes mollusks.

MENU ITEM	LISTED ALLERGENS & NOTICES
All-Natural Chicken (Add-On)	–
Artichoke & Spinach Dip	Milk, Wheat
Asian Salad	Soy, Wheat, Sesame
Avocado Toast	Wheat, Sesame
Avocado, White Cheddar, & Tomato Omelet	Milk, Eggs
Baked Feta	Tree nuts, Milk, Wheat
Banana Bread	Milk, Wheat, Eggs
Blackened Mahi BLT	Fin fish, Milk, Wheat, Eggs
Bread Pudding French Toast	Milk, Wheat, Eggs
Breakfast Burrito	Milk, Wheat, Eggs
Brown Rice	–
Buddha Bowl	Sesame
Buffalo Cauliflower	Soy
Buffalo Chicken Wrap	Milk, Soy, Wheat
Caesar Salad	Fin fish, Milk, Wheat, Eggs

California Club	Milk, Wheat, Eggs, Sesame
Certified-Angus Burger	Milk, Wheat, Eggs
Cheeseburger (Kids)	Milk, Wheat, Eggs
Chicken Caprese Panini	Milk, Wheat
Chicken Quesadilla (Kids)	Milk, Wheat
Chickpea Salad	–
Chopped Salad	Milk
Crab Cake (Entrée)	Crustacean shellfish, Eggs
Crab Cake Benedict	Crustacean shellfish, Milk, Wheat, Eggs
Crab Cake Sandwich	Crustacean shellfish, Milk, Wheat, Eggs
Crab Omelet	Crustacean shellfish, Milk, Eggs
Crispy Brussels Sprouts	Tree nuts, Milk Shares fryer with: Soy
Croissant	Milk, Wheat
Egg Sandwich	Milk, Wheat, Eggs
Eggs Benedict	Milk, Wheat, Eggs
Everything Bagel	Milk, Wheat, Sesame
Farmhouse Hash	Milk, Eggs Shares fryer with: Soy

Fig & Pig Pizza	Milk, Soy, Wheat
Fish Tacos	Fin fish, Milk, Wheat; Shares fryer with: Soy
French Fries	Shares fryer with: Soy
Fried Calamari	Soy
Glazed Salmon	Fin fish, Soy, Sesame
Granola	Tree nuts, Milk
Grass-Fed Beef (Add-On)	–
Grilled Asparagus	–
Grilled Cheese Sandwich (Kids)	Milk, Wheat
Grilled Steak Tacos	Wheat, Sesame
Guacamole	–
Hamburger (Kids)	Milk, Wheat, Eggs
Hot Honey Pizza	Milk, Soy, Wheat
Huevos Rancheros	Milk, Eggs; Shares fryer with: Soy
Hummus Plate	Milk, Wheat, Sesame
Jasmine Rice	–
Margherita Pizza	Milk, Soy, Wheat
Mediterranean Chicken Skewers	Milk

Mediterranean Salad	Milk
Mediterranean Turkey Burger	Milk, Wheat
Mushroom & Kale Pizza	Milk, Soy, Wheat
Pasta (Kids)	Milk, Wheat
Quinoa Tabbouleh	–
Roast Beef Panini	Milk, Wheat, Eggs
Roasted Cauliflower	–
Roasted Garlic Mashed Potatoes	Milk
Roasted Half Chicken	Milk
Roasted Red Pepper Bisque	Crustacean shellfish, Wheat
Roasted Sweet Potatoes	–
Salmon (Add-On)	Fin fish
Sautéed Broccoli	–
Seasonal Harvest Bowl	Milk
Shrimp (Add-On)	Crustacean shellfish, Milk
Shrimp Pasta	Crustacean shellfish, Milk, Wheat
Side Salad	–
Southwest Salad	Milk
Spicy Avocado Bowl	Milk, Eggs
Steak & Eggs	

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Steak Frites	Shares fryer with: Soy
Steamed Buns	Soy, Wheat, Sesame
Strawberry Beet & Goat Cheese Salad	Tree nuts, Milk
Sweet Orchard Salad	Tree nuts, Milk
Sweet Potato Fries	Shares fryer with: Soy
Teriyaki Bowl	Soy, Sesame
TLT Sandwich	Soy, Wheat
Truffle Parmesan Fries	Milk, Eggs Shares fryer with: Soy
Tuna Poke	Fin fish, Soy, Sesame
Tuna Tower	Fin fish, Soy, Wheat, Eggs, Sesame
Twin Oaks Tofu (Add-On)	Soy
Two Eggs Any Style	Wheat, Eggs
VA Ham & Cheddar Omelet	Milk, Eggs
Vegan “Calamari”	Soy
Vegetable Stir Fry (Kids)	Soy, Sesame
Veggie Benedict	Milk, Wheat, Eggs
Veggie Burger	Wheat

Watermelon Gazpacho	Milk
White Cheddar Avocado BLT	Milk, Wheat, Eggs, Sesame
White Pizza	Milk, Soy, Wheat
Wild Mushroom Frittata	Milk, Eggs

Updated November 3, 2026